



Summary of key points from Images Male “Modeling Tips: Ready for your closeup”

For a more indepth guide along with sample images, please visit our webpage at imagesmale.com - select “Modeling Tips” from the More menu or go to <http://goo.gl/lx8kYQ>

POISING TIPS

1. "It's All About the Squinch"

- "squeeze and pinch" or raise your lower eye lid to increase the impact of your eyes.
- Video link: <http://goo.gl/9GhgFs> (first 5 minutes gives you the idea)

2. "It's All About the Jaw"

- Position your head forward
- For angle shots, drop your front shoulder and not the back
- Video link: <http://goo.gl/0aqdqO> (first 5 minutes gives you the idea)

3. Tension Muscle Control and Know Your Lighting

- Flex and relax your muscles
- Know where your light is coming from

4. Angles and Shapes

- Create interesting angles and shapes by freely moving your body - triangles are great
- After a shot is captured, try new angles, placement of your hands, the angle of your head (not always straight). Complete symmetry not popular.
- Look at shifting weight onto one leg
- When you're looking elsewhere, focus on something
- Avoid completely losing a limb, rotate or move an arm to bring it into view
- PDF highlights angles in photos link: <http://goo.gl/oZEmxS>

5. Connect with the Camera

- Think about the mood you want to convey and use your face to tell a story
- Focus on the character and emotion you want to convey for the images
- Discuss with the photographer a joint vision for your shoot in advance
- Ask or bring music that sets the mood you're going for
- Try uncomfortable and unnatural positions that might create a great pose
- The body is all interconnected, every movement causes a resulting change somewhere else, and it's noticeable even if that part is not in frame, this is related to the Greek idea of Contrapposto and weight shift within the body.
- **Practice - look at yourself a lot in the mirror and try movement**

INSPIRATION

Spend a lot of time looking at photos of models and learn how they position their body.

Our images of Super Models is a good place to start:

- supermalemodels.com or imagesmale.com and select "Super Male Models" from More menu.

Other places to look for images of male models include the following:

- <http://homotography.blogspot.com/p/models.html>
- <http://www.pinterest.com/brandylasonya/photography-poses-for-males/>

The following galleries are a collection of images from other photographers used as inspiration. Please request the password for these.

- <http://imagesmale.smugmug.com/Other/IDEAS/n-JwbBd/>
- <http://imagesmale.smugmug.com/Other/TWO-MODELS/n-Z6pBr/> (two model ideas)
- <http://imagesmale.smugmug.com/IDEAS-MODEL-G/>

CLOTHING & PROPS

- Unless your session is a nude only shoot, bring a wide variety of clothing options
- Think about casual, dress, fetish -- it's all good.
- If you have a hobby, bring any items related to the effort. Blog post on props link: <http://goo.gl/E1dwIH>

SKINCARE & MAKEUP

- The article below offers common sense advice for skin care. Drink lots of water, eating healthy, exfoliate regularly, keeping your skin moisturized, and avoiding sun. Article link: <http://goo.gl/J9LRR5>
- Some models use a basic concealment to cover blemishes
- Some use a Tinted Moisturizer with a sponge, others use a nude powder to reduce shine Whatever you use, keep it minimal. The camera tends to capture the texture if you cake on makeup and it will be distracting.
- I prefer to retouch after to hide obvious blemishes and smooth skin a bit.

OTHER RESOURCES:

These pages offer a great set of tips and are easy to read.

- Our blog post detailing what we consider 6 keys to great male portraits - link: <http://goo.gl/Uh71ea>
- <http://m.wikihow.com/Pose-Like-a-Model>
- <http://m.wikihow.com/Be-Photogenic>
- <http://petapixel.com/2013/05/24/dear-model-posing-tips-for-how-to-look-your-best-in-photographs/>
- http://www.pbase.com/nittinbedi/posing_tips

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<http://www.meetup.com/Male-Photography-Modeling-Workshop-DC/>

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